



# **NORTHLAND PRIMARY SCHOOL**

## ***Firm Foundations, Future Learnings***

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28 February 2017

Letter to Parents: 32/2016 (All Students)

Through; The Principal

Dear Parent,

1. **Health and Fitness FUNnanza – “Healthy Mind, Healthy Body, Healthy Life”**

1.1 We will be organising a *Health and Fitness FUNnanza* from 6 March to 10 March 2017.

The objective of the *Health and Fitness FUNnanza* is to get students to participate in health and fitness related activities so as to inculcate in them the importance of regular exercise and healthy living.

1.2 The activities planned are as follows:

<b>S/No</b>	<b>Level</b>	<b>Date</b>	<b>Activity</b>
1	Primary 1	6 March (Monday)	<ul style="list-style-type: none"><li>• Jump Jam</li><li>• Cup Stacking</li><li>• Kids Athletics</li><li>• Obstacle Course</li></ul>
1	Primary 2	6 March (Monday)	<ul style="list-style-type: none"><li>• Jump Jam</li><li>• Cup Stacking</li><li>• Kids Athletics</li><li>• Rope Skipping</li></ul>
2	Primary 3	8 March (Wednesday)	<ul style="list-style-type: none"><li>• Mass Dance</li><li>• Speed Stacking</li><li>• Sports Orienting</li><li>• Kids Athletics</li></ul>
3	Primary 4	8 March (Wednesday)	<ul style="list-style-type: none"><li>• Mass Dance</li><li>• Skipping Competition</li><li>• I Bounce</li><li>• Kids Athletics</li></ul>
5	Primary 5	9 March (Thursday)	<ul style="list-style-type: none"><li>• Mass Dance</li><li>• Speed Stacking</li><li>• Sports Orienting</li><li>• Kids Athletics</li></ul>
4	All	10 March (Friday)	<ul style="list-style-type: none"><li>• Sports Day (At Yishun Stadium)</li></ul>

**School Mission**  
*To build a firm foundation in each child, enabling him to grow, serve and excel*

**School Motto**  
*Steadfast and Honest*

**School Values**  
*Compassion, Excellence, Integrity, Teamwork and Lifelong Learning*

- 1.3 Students need not bring their heavy school bags on the following days as they will be attending the assembly programme in the hall and participating in sports and games activities. They will have normal lessons on other days.

P1 & P2	-	6 & 10 March
P3 & P4	-	8 & 10 March
P5	-	9 & 10 March

- 1.4 Students are encouraged to bring sufficient drinking water with them during the 2 days of activities in school.
- 1.5 All students are to come to school in their PE attire on FUNnanza day, and House attire on 10 March 2017. P1 students are to be in their normal school uniform.
- 1.6 All activities will be carried out in school on FUNnanza days.

## **2. 29<sup>TH</sup> ANNUAL SPORTS DAY**

- 2.1 Our Annual Sports Day will be held on Friday, 10 March 2017 at Yishun Stadium from 7.30 a.m. to 12.30 p.m.
- 2.2 There will be no lessons on that day and all students are required to be present at Yishun Stadium to participate as competitors or supporters.
- 2.3 Primary 1 and Primary 2 students are to report at the Basketball Court. Primary 3 to Primary 6 students are to report in the **school hall** according to their respective classes by **7.15 am**. All Primary 3 to Primary 6 students and staff will be walking to the stadium. Primary 1, Primary 2 students, competitors participating in the 100 metres finals and students who have difficulty walking to the stadium due to medical reasons will be ferried to the stadium by chartered buses.
- 2.4 After the event, the school will provide transport to ferry the students back to school for dismissal. Those who are taking the school bus will be fetched from the stadium to be sent home. Parents can also fetch their children directly from the stadium.  
**However students will not be allowed to walk home directly from the stadium without an adult fetching them from the stadium.**

## **3. Administration Brief for Sports Day**

- 3.1 All P2 to P6 students should be in their House T-shirts and school PE shorts when competing in their respective events. **(100m Finals, 4 x 100m Relay and Telematches)**. P1 students are to report in their uniform. The competitors for running events will receive a **Notification Form for Participation** from the House Masters by **Monday, 6 March 2017**.
- 3.2 All students are strongly encouraged to bring their own water bottles, light snacks and a cap.

#### **4 Staff and Parents' Race**

- 4.1 We would like to take this opportunity to invite all parents to join us for our Sports Day. There will be a Staff and Parents' Race and we look forward to your participation in the race. We hope to be able to form 3 teams of 8 parents for the race. The details of the race will be briefed on the day itself.

#### **5. Wet Weather Programme**

Please take note that should there be inclement weather in the morning, we will cancel Sports Day and students will remain in school. Activities have been planned for students. School will end at 12.45pm and students will be dismissed as usual.

We look forward to your support.

**Mr Ganesan Arumugan  
HOD, PE  
Northland Primary School**